

A life well lived...deserves a good ending.

(270)826-2326

www.stanthonyshospice.org



UPCOMING DATES TO REMEMBER:

St. Anthony's "Annual Giving" campaign will begin in November!

St. Anthony's Providing Quality Care for 42 years.

St. Anthony's Hospice was founded in 1982 with the vision of providing the best hospice care for individuals with life limiting and terminal illnesses in Henderson County. St. Anthony's grew over the following decade, expanding services to Union County in 1989 and Webster County in 1992.

In 2009, St. Anthony's Lucy Smith King Care Center, our 10 bed inpatient hospice unit, opened to better serve hospice patients who are unable to be in their homes. The Lucy Smith King Care

Center is located inside the Deaconess Henderson Hospital. St. Anthony's Palliative Care program began in 2016 providing services for individuals who are suffering from chronic and life limiting illnesses but are still eligible for curative treatments. We have served the community for 42 years and look forward to the bright future of St. Anthony's.



St. Anthony's in the Community

St. Anthony's is a local non-profit organization, serving the community since 1982. Our hospice program is funded by Medicare, however we rely on grants, donations, and other fundraising for our palliative and bereavement programs. Recently, we received a grant from the Henderson Lions Club for \$1000. This grant will help continue providing free palliative and bereavement services. Because the community members give to St. Anthony's so freely, we want to give back to the communities we serve in Henderson, Union, and Webster counties.



St. Anthony's Staff receiving grant from Henderson Lions Club. Pictured above: Kendra Marsh, Executive Director accepting grant.



Pictured above are two of St. Anthony's staff members, Kellie Holloran, Business Development Manager, and Alora Sullivan, Social Worker along with other community partners at the Webster County Senior Center "Grill and Chill" event. St. Anthony's staff and other community partners volunteer at this event each year to help serve seniors in the community and support our local senior centers.

St. Anthony's loves to support all the communities we serve. Recently, Kendra Marsh, Executive Director and Kellie Holloran, Business Development Manager, sponsored a table and served Union County Pubic Schools staff at their opening day luncheon. The tables were judged by students and St. Anthony's was awarded best overall out of over 40 tables.



"A Special Kind of Camping" Kids Club

A Special Kind of Camping- Kids Club is one of St. Anthony's annual bereavement camps held in June for children in 1st-6th grades. The camp is held at the Brain Injury Adventure Camp in Robards, and is open to any child who had significant loss within the last year, or who is still struggling with a previous loss.

Because of the time in their lives, bereaved children tend to respond well to the peer group of support that our camp has to offer. At camp, they can connect with peers who also have lost someone they loved. This reduces that feeling of "no one understands." They learn healthy ways to cope with their feelings and how to remember their loved one in ways that heal, not hurt. Over the years, we have heard testimonies from individuals who attended camp as children, and parents/guardians of children who have attended camp and the positive impact camp provided.
St. Anthony's has been able to offer this camp at NO COST to the participants for 29+ years thanks to a generous donor, who wishes to remain anonymous.

Below are photos from the 2024 "A Special Kind of Camping-Kids Club" held on June 22nd. We would like to extend a huge "Thank You" to our donor who makes all this possible, our wonderful volunteers who donate their time to assist in various ways with camp, and our camp coordinator Jennifer Phillips.











A Message from the Director



Dear Friends,

St. Anthony's Hospice is beginning our first fundraising campaign in a very long time.Why now?

Since 1982, St. Anthony's has served our community extremely well! We provide quality end-of-life care for individuals in Henderson, Union, and Webster counties. For the third year in a row, we have earned the Hospice Honors Elite Designation, recognizing the top 2% of hospices in the nation providing exemplary care to patients and families.

Based on feedback from our community, we realized more support was needed in the years before hospice care for seriously ill people and after the loss of a loved one. So, we started our palliative care program in 2019 and expanded our bereavement program by adding a full-time bereavement counselor in 2021. Both programs have grown exponentially. However, unlike hospice care, these programs are not funded by Medicare. We find ourselves asking for development dollars to maintain this standard of excellent care by reconnecting with our foundational community support to deliver exceptional results. Would you consider committing to giving a regular donation over the next three years? Please call our office at 270-826-2326, visit our website, or complete the form below. This is a powerful way to provide sustained support and lasting impact.

Thank you for supporting our mission:

Quality in life. Dignity in death. Support in bereavement.

We are grateful,

Sendra N Jarch

Kendra Marsh Executive Director



"I have no doubt this is the best thing we could have done for my mom and her end-of-life journey." -hospice patient family member

Development Plan Pledge Form

If you wish to contribute to St. Anthony's mission please complete the form below and return it to St. Anthony's business office in person or by mail: 2410 S Green St, Henderson, KY, 42420. We greatly appreciate the support!

2024-2027 Three Year Development Plan

Pledge to St. Anthony's Hospice Name Date Address
I am committed to contribute
financially to St. Anthony's Hospice in the amount of \$ to my very best ability. I understand this is a 3-year commitment (2024-2027) (Please initial)
Method of pledge:
•Cash
·Check
 Please withdraw from checking account (1) yearly
If this donation is in memory or honor of a loved one, provide us with the
individual's name.
Name in memory of
Name in honor of
It is comforting to live in a community where individuals and families facing serious illness, death, and grief experience the best that humankind can offer
It is this sacred mission that our hospice carries forward in serving all of our
families on a daily basis.
We are committed to providing excellence and compassion in serving patients and their families, as we go 'With you for the journey"

Please note you can also donate online: www.stanthonyshospice.org/donate

QUARTER 1 | 2024

"MOURNING BOOST" BEREAVEMENT & GRIEF -WRITTEN BY APRIL HEFLICK, BEREAVEMENT COORDINATOR

LOST IN TIME

There is a timelessness about grief. The initial days following a loss a griever may feel hollow, numb, and in a fog. During this time the shock of the loss, and the unwanted reality are overwhelming. Because of this the griever may feel disconnected from the situation, friends, and family. Some grievers have described themselves as a "wanderer" or a "walking zombie." These are natural responses to loss' that are sudden, unexpected, out of natural order, and/or tragic. Because of this overwhelming and disconnected state time becomes elusive. The griever's world seems to halt while the rest of the world races forward.

As months pass a griever may find their thoughts fixated upon those final days: caregiving, diagnoses, medications, and symptoms. These thoughts may be like snap shots in the griever's mind bringing with each, questions of the quality of care for their loved one, reexamination of difficult decisions, last moment conversations, etc. This time brings another sense of halting to time as the griever rehearses and relives the events over and over. It is as if the griever is hyper investigating to solve the mystery or the crime of death. This is a natural response to make sense out of those final

days.

As the griever attempts to do ordinary life in this new reality time continues to carry a sense of "it's like it happened yesterday," or "it seems forever ago." Some grievers will count every passing day out from their loved one's death. They live in the existence of days without their loved one, while their friends and loved ones may vaguely remember, "it happened sometime this last year."

If you are a griever and you find yourself feeling stuck in your thoughts of those final days, please know this is normal, and please reach out for support. The story of those final days can be too much to process alone. If you are close to someone who is grieving, please be patient, and allow your loved one to help you to slow down and simply be present with your grieving friend. These moments will make a difference for both of you. Grief is never ending and can cause stress, anxiety, and tension in the body. Art therapy can be a fun way to relieve some of these symptoms. Coloring is a form of art therapy and is a healthy way to help the body relax and reduce feelings of depression and anxiety.



Volunteering for St. Anthony's

Volunteering for St. Anthony's has a lasting impact on patients, families, and community members for a lifetime. No act of volunteerism is too small at St. Anthony's. Every act matters, from caring for patients to bereavement camps, and everything in between. We could not operate without our volunteers! If you are interested in a rewarding way to give back to the community contact Jeanie Burke, Volunteer Coordinator.





Those who bring sunshine to the lives of others cannot keep it from themselves.



Contact Us 24/7:

2410 S Green Street Henderson, KY, 42420

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