



St. Anthony's



A life well lived...deserves a good ending.

(270)826-2326

www.stanthonyshospice.org



**UPCOMING
DATES TO
REMEMBER:**

**June 22nd- Wee
Camp, Kids Club,
and Adult Retreat
Bereavement
Camps.**

St. Anthony's Receives Prestigious Award for 3rd Year

St. Anthony's Hospice has been recognized for providing exemplary care to patients and families in Henderson, Union, and Webster Counties in Kentucky. With its continued excellence in comfort care, St. Anthony's Hospice earned the 2024 Hospice Honors Elite status for the third year in a row.

This designation is based on the Consumer Assessment of Healthcare Providers and Systems (CAHPS) survey results. The CAHPS survey measures the quality of care provided to our community based on the caregiver's point of view.

Hospice Honors Elite recipients include those hospices scoring above the national average on all 24 evaluation questions sent in the caregiver survey. This confirms St. Anthony's Hospice's quality of care by ranking them in the top 2% of all hospices nationwide.



St. Anthony's Receives Grants from Local Supporters

St. Anthony's has received several grants over the past few months from local civic organizations and foundations. These grants allow St. Anthony's to provide care to patients, regardless of insurance coverage, ability to pay, or any other barrier to quality palliative and hospice care.



St. Anthony's Staff receiving grant from Henderson Rotary Club.

Pictured above: Kendra Marsh, Executive Director, Kellie Holloran, Business Development Manager, and Holli Blanford, Rotary Club President.

Palliative Care is a level of care provided to individuals with a chronic, life limiting, or terminal illness, still seeking curative treatments. Palliative Care provides physical, mental, and emotional support and assists patients and caregivers in navigating the disease process. St. Anthony's offers palliative care services to residents of Henderson, Union, and Webster counties free of charge. Currently, palliative care is not a reimbursable service and not funded by Medicare. However, we believe it is a necessary service to the community. St. Anthony's is currently serving, on average, around 128 palliative care patients.

We are so thankful for the generous grants given to St. Anthony's from local clubs and organizations.

Henderson Rotary Club awarded St. Anthony's a \$2,500 grant.

The Community Foundation of Henderson awarded St. Anthony's a \$15,000 grant.

The Community Foundation of West Kentucky awarded St. Anthony's with a \$1,500 grant.



St. Anthony's Staff receiving grant from Community Foundation of West Kentucky.

Pictured to the Right: Jeanie Burke, Volunteer Coordinator with CEO of Community Foundation of West Kentucky.



St. Anthony's Staff receiving grant from Community Foundation of Henderson.

Pictured above: Kara Henshaw, Nurse Practitioner, Kendra Marsh, Executive Director, Kellie Holloran, Business Development Manager, Jack Hogan, Board President, Dana Hurt, Nurse, and Alora Sullivan, Social Worker.

“A Special Kind of Camping” Teen Time

A Special Kind of Camping-Teen Time is one of St. Anthony's annual bereavement camps held in March for children in grades 6-12. The camp is held at the Brain Injury Adventure Camp in Robards, and is open to any youth who had significant loss within the last year, or who is still struggling with a previous loss.

Because of the time in their lives, bereaved teens tend to respond well to the peer group of support that our camp has to offer. At camp, they can connect with peers who also have lost someone they loved. This reduces that feeling of “no one understands” and “I feel so different.” They learn healthy ways to cope with their feelings and how to remember their loved one in ways that heal, not hurt. Over the years, we have heard from adults who attended as teens, and we know that this avenue of helping teenagers through their grief works.

St. Anthony's has been able to offer this camp at NO COST to the participants for 29 years thanks to a generous donor, who wishes to remain anonymous. Below are photos from the 2024 Teen Time camp held on March 16th.

We would like to extend a huge “Thank You” to our donor who makes all this possible, our wonderful volunteers who donate their time to assist in various ways with camp, and our camp coordinator Jennifer Phillips.

“When someone you
love becomes a
memory, that memory
becomes a treasure.”
-Unknown



KENDRA'S CORNER



Dear Friends,

A few months ago, our team was inspired by a box of old newspaper articles, photos, and newsletters! St. Anthony's Hospice, with its rich 42-year tradition, has been a beacon of excellent care in our community. It's a testament to our collective strength that it's hard to find someone in this community who has not been touched by St. Anthony's Hospice in some way.

The heart of work comes from each member of our dedicated team. What drives us? Our desire and commitment to make a difference!

I'm honored to report that today, we serve 78 hospice patients and 127 palliative care patients in Henderson, Union, and Webster counties. Our 80-member team, driven by a deep commitment, has recently been awarded the Hospice Honors Elite designation, which recognizes St. Anthony's Hospice as one of the top 2% of hospices in the nation in quality of care. We are steadfast in our commitment to honor all who have supported and served this mission by continuing to provide the best care possible today.

This is our first newsletter in a very long time. Our goal is to publish quarterly to highlight our work, thank our donors, and teach our community about hospice and palliative care.

Looking forward to seeing you soon!

Hospice 101

When it comes to hospice care there are many misconceptions. Hospice care has evolved and changed so much over the years with advancements in the medical field, and hospice organizations are able to do so much more for patients than in the past. St. Anthony's goal is to provide individuals with education on palliative and hospice care, and support our patients through their hospice journey.

Hospice is not just for the "last days."

Hospice care is not just for the "last days" of life. When an individual is diagnosed with a terminal illness and there are no treatment options, or treatment is not chosen, hospice should be involved. Hospice can assist in providing quality medical care in the home without needing to make multiple trips to physician offices or hospitals.

Your physician can still be involved in care.

For many individuals, a primary care physician has been involved in their care since the beginning. We do not force you to change your primary care physician. If your primary care physician is willing to continue following a patient on their hospice journey, we welcome it! We ensure your physician is involved every step of the way.

Hospice care is your right under your Medicare Benefit.

Hospice care is your RIGHT under the Medicare benefit. Hospice is covered 100% by Medicare part A. True hospice care can only come from a hospice provider in your area and cannot be provided by any other facility. Comfort care and hospice are not the same. Hospice providers are trained professionals who specialize in care for the terminally ill. You can ask for a hospice referral or refer yourself or a loved one at any time.

You DO NOT need to be home bound to receive hospice care.

Many believe individuals need to be home bound to receive hospice care. This is a myth! We encourage our patients to LIVE! Go to a grandchild's ball game, go out to dinner with friends, or go shopping. We even encourage our patients to go on vacation! We are able to partner with other hospice organizations throughout the nation so our patients can take a vacation and still receive hospice care.

FACT

Have you ever wondered how the founders of St. Anthony's chose the name?

St. Anthony Bouillon was a beloved saint, born in 1105. At the age of 15, he dedicated his life to the service of God by unselfishly providing aid to the sick and dying.

On June 13th, 1181, he died a quiet and peaceful death in a hospice adjoining the Poor Clares of Arcella near Padua, Italy. Because of the nature of his life, the value he placed on service to the sick and dying, and the circumstances of his death, he is known by many as The Patron Saint of the Happy Death.

Your Donations Make a Difference

As a non-profit organization, St. Anthony's utilizes donations from the community to ensure everyone has access to quality hospice, palliative, and bereavement care. We are so thankful to our individual donors, businesses, and community partners who graciously donate. The graphic below shows only a few things we do with donation dollars.

If you would like to donate, or have any questions about donating, please call us or visit our website!



www.stanthonyshospice.org/donate

“MOURNING BOOST”

BEREAVEMENT & GRIEF

-WRITTEN BY APRIL HEFLICK, BEREAVEMENT COORDINATOR

GRIEF BRAIN

Did you know that grief impacts your brain and how it functions? Grief stimulates the small part of the brain called the amygdala which is the walnut-sized part of the brain that is stimulated at times of high levels of stress like care giving and the death of a loved one. This part of the brain is the control panel for your fear responses of flight-fight-freeze. The activity in the amygdala causes the front part of the brain to temporarily dull. As you grieve you might have trouble remembering simple things like where you parked, what day it is, or what you ate yesterday. Short term memory is all together fuzzy. You might also struggle with words. Even simple everyday words can be hard to recall. Additionally, decisions and problem solving might feel overwhelming. Please know that this is a natural part of grief. Your brain and nervous system have helped you focus intently on the demands of caregiving and the supporting of your loved one as they transitioned. It has helped you to love your loved one well. Now be patient and kind to yourself. Your nervous system needs gentle support, reminders of hope, and glimpses of beauty and rest.



St. Anthony's Word Search

V O L U N T E E R S Z Y E C T
 T R O P P U S Q U N P U A O N
 L C H Y T G W K I T N O C M E
 E V I T A I L L A P U G S M M
 R M U T U B C C J N R A X U E
 F E R I E Z H A A F S E Y N V
 C Y K U Y A C I R B E D L I A
 J E X R P E C O K E C I U T E
 M K T L O I C G M S G A R Y R
 R L A L S W N I J F N I O G E
 U I Z Y J I X F P K O U V S B
 N Y H I R Y Y S T S N R Z E M
 M P L A I C O S B Q O E T C R
 M Y C L Q L E I E H P H X J E
 Y T D F T C O M P A S S I O N

aide
 caring
 community
 hospice
 physician
 volunteer

bereavement
 chaplain
 compassion
 nurse
 social
 worker

caregiver
 comfort
 grief
 palliative
 support

Volunteering for St. Anthony's

Have you ever been interested in volunteering? St. Anthony's offers many volunteer opportunities in a broad range of services. Some things our volunteers assist with are administrative duties at our business office and the Lucy Smith King Care Center, assisting with bereavement camps, and providing companion and eleventh hour care to our hospice patients.

Our organization could not function without the generosity and kindness shown by our current volunteers. If you are interested in learning more about volunteering, please contact our Volunteer Coordinator, Jeanie Burke at 270-826-2326.



“ Volunteering: Because no one has ever made it through life without the help of others. ”



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PALLIATIVE • HOSPICE • BEREAVEMENT

Contact Us 24/7:

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